Lobuche Peak Climbing Itinerary

Day 1: Arrival in Kathmandu

Upon arrival in Kathmandu, you'll be greeted by a representative from the Adventure Club and transferred to your hotel. You'll have the rest of the day to explore the city and prepare for the climb.

Day 2: Kathmandu to Lukla (2,840m/9,317ft) to Phakding (2,610m/8,563ft)

You'll take a scenic flight from Kathmandu to Lukla, where you'll begin your trek. From Lukla, you'll walk to the village of Phakding, where you'll spend the night.

Day 3: Phakding to Namche Bazaar (3,440m/11,286ft)

You'll continue trekking through the picturesque Khumbu region to Namche Bazaar, the gateway to the Everest region. Along the way, you'll enjoy stunning views of the Himalayan peaks and pass through traditional Sherpa villages.

Day 4: Acclimatization Day in Namche Bazaar

To help your body adjust to the high altitude, you'll spend a day in Namche Bazaar. You can use the day to explore the town, visit the local market, or take a short hike to a nearby viewpoint.

Day 5: Namche Bazaar to Tengboche (3,870m/12,697ft)

You'll continue trekking through the beautiful Khumbu region to the village of Tengboche, where you'll visit the famous Tengboche Monastery and enjoy panoramic views of the Himalayan peaks.

Day 6: Tengboche to Dingboche (4,360m/14,300ft)

You'll trek to the village of Dingboche, passing through beautiful alpine landscapes and enjoying views of Ama Dablam and other Himalayan peaks.

Day 7: Acclimatization Day in Dingboche

You'll spend another day in Dingboche to help your body adjust to the high altitude. You can take a short hike to a nearby viewpoint or simply relax and enjoy the beautiful surroundings.

Day 8: Dingboche to Lobuche (4,940m/16,207ft)

You'll continue trekking through the Khumbu region to Lobuche, where you'll spend the night and prepare for the climb.

Day 9: Lobuche to Gorak Shep (5,160m/16,929ft) to Everest Base Camp (5,364m/17,598ft) and back to Gorak Shep

Today, you'll trek to the iconic Everest Base Camp, located at the foot of the world's highest peak. Along the way, you'll enjoy stunning views of the Khumbu Icefall and other Himalayan peaks. After spending some time at the base camp, you'll return to Gorak Shep for the night.

Day 10: Gorak Shep to Kala Patthar (5,545m/18,192ft) to Lobuche

You'll wake up early to hike to the top of Kala Patthar, a stunning viewpoint that offers panoramic views of Mount Everest and the surrounding peaks. After enjoying the views, you'll trek back to Lobuche for the night.

Day 11: Lobuche to Lobuche Base Camp (4,950m/16,240ft)

Today, you'll begin the climb to Lobuche Peak. You'll trek to the base camp and spend the night, preparing for the ascent.

Day 12: Lobuche Peak Base Camp to High Camp (5,600m/18,372ft)

Today, you'll climb higher toward the summit of Lobuche Peak as you make your way from the base camp to the high camp. The trek is challenging as the trail becomes steeper and the altitude increases. You'll spend the night at the high camp, resting and acclimatizing for the next day's climb to the summit.

Day 13: Summit Day (6,119m/20,075ft) and back to Base Camp

Today is the most challenging day of the climb as you'll make the final push to the summit of Lobuche Peak. You'll start early in the morning and ascend to the summit, enjoying breathtaking views of the surrounding Himalayan peaks. After spending some time at the summit, you'll descend back to the base camp.

Day 14: Contingency Day

This day serves as a contingency in case of bad weather or any other unforeseen circumstances that may delay the climb.

Day 15: Base Camp to Pheriche (4,240m/13,910ft)

After the successful climb of Lobuche Peak, you'll trek back down to the village of Pheriche, where you'll spend the night.

Day 16: Pheriche to Namche Bazaar

You'll continue trekking through the Khumbu region to Namche Bazaar, where you'll spend the night.

Day 17: Namche Bazaar to Lukla

You'll trek back to Lukla, where you'll spend your final night in the Khumbu region.

Day 18: Lukla to Kathmandu

You'll take a scenic flight back to Kathmandu, where you'll have some free time to explore the city and do some souvenir shopping.

Day 19: Kathmandu City Tour

Today you will have a full day of sightseeing in Kathmandu Valley for World Heritage Sites such as Swayambhunath Stupa, Patan Durbar Square, Pashupatinath Temple, and Swayambhunath Stupa. At end of the day, you will back to your staying hotel.

Day 20: Departure from Kathmandu

You'll be transferred to the airport for your departure flight, marking the end of your Lobuche Peak Climbing adventure. Adventure Club hopes to see you again for your next adventure in Nepal.

URL: https://adventureclub.com.np/print/21