



## **Gokyo Valley Trek Itinerary**

### **Day 1: Arrive in Kathmandu.**

You will be heartily welcomed at the airport by our office envoy, and then you will transfer to the hotel. Our staffs will give a explanation about the program.

### **Day 2: Sightseeing in Kathmandu valley.**

After breakfast, we will move to Pashupati temple, which is located on the side of river Bagmati and also the main temples of lord shiva. The pagoda style temple has a gilded roof, for sides covered in Silver, and exquisite wood carvings. Temples dedicated to several other Hindu and Busshists deities surround the temple of Pashupati, then we will move to Bouddhanath stupa, The Buddhist stupa of Boudha stupa dominates the skyline. It is one of the main sole structures stupas in the planet. Back hotel for overnight.

### **Day 3: Wing to Lukla then trek to Phakding. About 3 hours.**

In the dawn, we have stunning 40 minutes flight from Kathmandu to Lukla, balanced at 9350ft in the Khumbu region of eastern Nepal. The flight is jumped to be one of the thrilling you will ever take. Much of it is only a few hundred feet over the ground, and the view of the river valleys and terraced landscapes below, as well as the nearness of some of the world's highest mountains, make it a truly unforgettable knowledge. The porter's loads from prepared in Lukla before we skull north up the valley of the Dudh Koski to our camp on top of the river at Phakding. On our way to phakding, we can watch different villages. The on foot is east and fun of fun. There we stay overnight.

### **Day 4: Trek to Namche Bazaar. About 5.5 hours.**

Now we go in the Sagarmatha National park earlier to start the long, pure climb up to the town of Namche Bazaar the main managerial and trading center for the Khumbu region magnificent forest of blue pine, fir, juniper, and rhododendron as well as our first views of Everest help effortless the climb. Our camp will be at the upper and Namche to have enough money for the best views. We will also cross the overpass in the area over the Imja Tse River. Then we will walk in the direction of the Namche Bazar, with mesmerizing views of Kwangde peak and Kusum Kanguru on the back. As you climb elevated, you will have a view of Mt.Everest and Lhotse on the way to Namche. Namche Bazaar is the primary entry point of the Khumbu region. We hang about overnight at a guest house.

### **Day 5: Acclimatization day on Namche Bazaar.**

Even if this day can be exhausted calming in camp or exploring the minute shops in the Bazaar, the best alternative for height acclimation is a hike up the valley of the Bhote Koshi to the west. This is a magnificent rural walk, and those who are very eager and well-acclimatized can carry on to the village of Thame and its monastery. You can see the Sherpa Museum, a great place to learn about Sherpa civilization and history of climbing. Namche Bazar is a very lower deal point. You can see Tibetans by crossing the Nangpa La pass to

put up for sale cheap goods from china. A village is an attractive place. Stay overnight.

### **Day 6: Trek to Phortse Thanga. About 5 hours**

The trail climbs sharply out of the valley through rhododendron woods; juniper and large conifers start to come into view as the altitude increase making the trekking very pristine . we passes through Yak Kharkas and summer settlement. The views of Khumbu La and tawache are superb throughout the day.

### **Day 7: Trek to Machherma. About 5 hours.**

The trail climbs sharply out of the valley through rhododendron woods; juniper and large conifers start to come into view as the altitude increase making the trekking very pristine . we passes through Yak Kharkas and summer settlement. The views of Khumbu La and tawache are superb throughout the day. We climb an edge for an outstanding view both down the valley to Kengtuga and up towards Cho Oyo and go down to a river and once more climb steeply to the fatal moraine of the Ngozumpz glacier. We carry on our climbing trek and pass through Dhole, labarma, and Luza village before getting Machhermo. There is a chhorten exact before the Luza village. We will reach Machherma by early rapidly

### **Day 8: Trek to Gokyo. About 5.5 hours.**

Today we head toward our destination Gokyo. We will do sightseeing and hiking around Gokyo. Stay overnight in lodges.

### **Day 9: Trek to Gokyo Ri and then descend to Gokyo. About 5 hours**

Heading Gokyo Ri looms on the top of the village on the northern rim of the lake. We go away camp just first glow, next to a steep path up the hillside. As we climb, the summit of Everest, Lhotse, and Makalu gradually come into sight, and the view from the peak of Gokyo Ri itself is said to be one of the best to observe in the Everest region-some say it is even improved than that from Kala Pattar. Overnight at guest house.

### **Day 10: Trek to Dole. About 6 hours.**

Early in the morning, we will descend to Dole. Stay overnight in Dole.

### **Day 11: Trek to Namche Bazaar through Khumjung village. About 5 hours.**

We will give continuity to our hike. We will pass through Sherpa village of Khumjung. Leaving the beautiful mountain views behind, we will descend to fabulous Namche Bazaar. Stay overnight in Namche Bazaar.

### **Day 12: Trek to Lukla. About 6 hours.**

Today we will reach the play from where we started our Trek eight days ago. We will spend some time resting then explore the town. Stay overnight in Lukla.

### **Day 13: Flight from Lukla to Kathmandu**

Fly from Lukla to Kathmandu. You take an early morning flight back to Kathmandu takes about 35 minutes. Enjoy the beautiful aerial views of mountain peaks, rolling green hills, and villages.

### **Day 14: Leisure day in Kathmandu**

You have the alternative to expand your journey to continue onto Chitwan Jungle safari, rafting adventure, Kathmandu valley shopping tour, scenic Everest flight, mountain biking, and other activities. Then in the twilight, we will have a leave-taking dinner in the traditional Nepalese restaurant with educational performances.

### **Day 15: Departure day.**

Your 15-days long trip comes to an end. Our office envoy will drive you to the airport to connect you to your scheduled flight.

URL: <https://adventureclub.com.np>