



## **Sikles Trek Itinerary**

### **Day 1: Drive Kathmandu to Pokhara (820m)-08 hrs**

We have breakfast then leave for pokhara, also known as The Lake city owing to the large number of lakes in the city. Upon our arrival in Pokhara, we are rewarded with magnificent views of the Himalayans including Dhaulagiri, Manaslu, Machhapuchhre, the five peaks of Annapurna and others. Stay overnight.

### **Day 2: Drive to Bijatapur khola (30 min. Drive) Trek to Kalikasthan (1150m) 04 hrs walk**

Drive to Pokhara (900 meters) for 7 hours by tourist bus. Trekking staff will come to your hotel early in the morning at 6:30 am to pick up then leaving around 7:30 Am to pokhara. Overnight stay at hotel with breakfast included tea and coffee.

### **Day 3: Kalikasthan to Lama Chaur(910m) -05 hrs walk**

Trek from Kalikasthan to lamachaur which takes about six hours. You begin following gently path passing through local villages of mixed ethnic group, rice terraces up to Mardi Khola. Now the trek is easy as you walk along the river bank. In route you cross BHaise, Nawaldanda to reach Lama chaur. It is a small village where stay overnight. This place is surrounded by green hills which exhilarates you.

### **Day 4: Lama chaur to sikles (1980m)- 06 hrs**

This trek takes approximately six hours. The trail stretches at flat level along the river bank until you reach Khila Gaon. After this, you follow path which is gently up at some distance and steeply up for some hours. In route you pass Parju village. The trail again climbs till siklis village. It is one of the oldest and biggest Gurung village. Most of the people serve in India and British Army.

### **Day 5: Explore Sikles Village**

Explore Siklis and take the opportunity to observe the daily life of the Buddhist Gurung people.

### **Day 6: Sikles to Forest camp (2200m) -06/07 hrs walk**

This trek goes through rhododendron and oak forests following gently ascent path in the beginning. After some distance, you wak over the flat land. Forest camp is surrounded by forest.

### **Day 7: Forest camp to Ghale Gaon (2000 m ) 07 hrs walk**

It takes about five hours. You trek through forests covered with rhododendron. While walking you cross the highest pass of this trek. After pass, you descend steeply to reach Ghale Gaon. It is a small village which is mainly inhabited by Gurung and Magar community.

### **Day 8: Gahle gown to Hyania (1070 m ) -06 hrs walk . Drive to pokhara-01 hrs**

After breakfast, we trek down to Hyania which is going to be the end of our trek. We then drive half an hour to reach pokhara.

### **Day 9: Drive back to Kathmandu by Tourist brs -07/08 hrs**

Transfer to the international airport and continue your own itinerary.

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