



## **Makalu Sherpani Col Pass Trekking Itinerary**

### **Day 1: Arrival at Kathmandu. Stay overnight at hotel.**

We pick you up at Tribhuvan International Airport and drop you at the hotel in Kathmandu. Meet up with trek members Last minute shopping for personal items before the trip Interact with your guide and do some shopping for your trek. Overnight at a 4-star hotel in Kathmandu.

### **Day 2: Fly to Tumlingtar and drive to Num**

After early morning breakfast, we drive to Tribhuvan International Airport for a flight to Tumlingtar

There the rest of the crew will be waiting for us

We will further drive to Num, which allows us the dramatic experience of lush mid-hill sceneries  
Overnight in Num

### **Day 3: Num to Seduwa**

Today we trek downhill from the western Num ridge

Pass fields of Lumbang and cross a suspension bridge before ascending towards forests and traditional forests

We cross the river and do a steep climb through dense forest, which eventually brings us to Seduwa

Here lies the large flat camping lawn ridge.

Overnight at Seduwa

### **Day 4: Seduwa to Tashi Gaun**

Today we continue ascending the ridge from Seduwa B

ounded by Ipsuwa Khola on the west and Kasuwa Khola on the east: it is quite an easy hike

Walking on a hillside through villages and ancient paddy fields

We finally reach the village of Tashi Gaon

Overnight at Tashi Gaun

### **Day 5: Explore Day**

explore day

### **Day 6: Tashi Gau to Khongma**

Today will be a tough day as we have to negotiate many steep trails in higher elevations

We will climb through forests to a stream and then rise towards a ridge

From here, the trail gets steeper and passes a Kharka (grazing area)

Eventually takes us to the summit of the ridge through a series of stone stairs and small lakes

From here, it is a short descend down to Khongma Danda.

Overnight at Khongma

### **Day 7: Khongma to Mumbuk**

Today we start our day with dramatic views of snowy peaks and surrounding landscapes

We follow a gentle path with some ascend and descend and pass the Thulo Pokhari (big pond) and small pound (small pond)

If it has snowed recently, the trail onward can be quite misleading

We continue to climb Keke La and Tutu La Pass, the latter topped with a small chorten

The gentle descend from here takes us back to vegetation and a small clearing place for camping in the middle of the woods

Overnight at Mumbuk

### **Day 8: Mumbuk to Nehe Kharka**

After breakfast, we drop down sharply into a narrow valley and then cross the Barun Khola beyond Tamatan Kharka. This takes about six to seven hours, and the trail becomes more challenging on the latter end the last part of the trail gets hard, slippery, and rockfalls common threat. We continue our trail through the seasonal settlement of Yangri Khaka and then onto Nhe Kharka. Overnight at Nehe Kharka.

### **Day 9: Nehe Kharka to Makalu Base Camp**

Today is the day we make it to the base camp of Makalu. It is going to be a long and tedious day from Nehe Kharka, we make our way to Shershong and eventually to the base camp. The trail is relatively flat, with ice on approaches and snowy peaks ahead of us Mt. Makalu makes its grand presence as we get closer to SHershong. On our way to camp, we enjoy the dramatic Himalayan panorama encompassing us. Overnight at Makalu Base Camp

### **Day 10: Makalu Base Camp to Hillary Camp**

Waking via the west side of Barun Glacier, we stride through rocks, caves, and moraine glaciers; under the shade of Makalu. Today we have enough time to enjoy the surrounding Himalayan panorama. Overnight at Hillary Camp

### **Day 11: Hillary Camp to High Camp**

After breakfast, we do a steep climb from Hillary camp witness the dramatic views of Mt. Makalu, Baruntse, Kali Himal, Chamlang, Makalu II, and Pyramid Peak. Overnight at High Camp

### **Day 12: High Camp to Baruntse Base Camp**

Today is the most challenging and longest day of our entire trek as we will be crossing two high passes above 6,000m we start early at around 3:00 intending to cross both passes by the late afternoon. The crossing of Sherpa Col and West Col is often compared to peak climbing in Nepal regarding both challenges and sceneries. Overnight at Baruntse Base Camp

### **Day 13: Baruntse Base Camp to Amphu Labtse Base Camp**

Today we trek from Baruntse Base Camp to Amphu Labste Base Camp walk is made via snowy terrain. Overnight at Amphu Labtse Base Camp

### **Day 14: Amphu Labtse Base Camp to Imja Lake Camp**

oday we cross Amphu Laptsa Pass and drop down to Chhukung. Overnight at Imja Lake Camp.

### **Day 15: Chhukung to Pangboche**

Trek from Chhukung to Pangboche will be walking along the Imja Khola and crosses it over a suspension bridge. Once we cross the Imja Khola, we will climb towards Pangboche trail mainly involves a steep uphill climb until we reach Pangboche. We will explore the Pangboche monastery and experience the unique culture and tradition around Pangboche. Overnight at Pangboche

### **Day 16: Pangboche to Monjo**

After breakfast, we retrace our step back to Namche Bazaar. Leaving the Pangboche, we walk downhill via Tengboche and reach the famous town of the Khumbu region – Namche Bazaar. Once we reach Namche,

enjoy the day exploring the bustling township of Monjo. Overnight at Monjo.

### **Day 17: Monjo to Lukla**

Today is the last day of our adventurous trekking journey after breakfast, we will trek downhill to Lukla. As the elevation drops, we will go further away from the legendary views of Everest. However, the memory of the legendary Himalayas will embed forever in our life. We will cross the high suspension bridge multiple times and walk through the village of Phakding and advance towards Lukla. Overnight in Lukla.

### **Day 18: Fly from Lukla to Kathmandu**

After breakfast, we take a flight from Lukla to Kathmandu which takes around 35 minutes. Make sure to take the right-hand side of the plane to enjoy the last view of mighty peaks.

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