Khaptad National Park Itinerary

Day 1: Kathmandu - Buditola (198m)

The first day of our journey begins with a scenic flight from Kathmandu to Nepalgunj which takes about 1 hour to reach Nepalgunj. Arrive Nepalgunj and drive towards Buditola along the Karnali River which is the longest river in Nepal. After four hours drive from Nepalgunj, we reach Buditola where we will stay overnight.

Day 2: Drive Buditola to Silgadhi (1330m) – 6 hrs drive.

After breakfast, we move forward towards Silgadhi, the famous city in the region. The drive for about six hours takes you to Silgadhi where we will spend our overnight.

Day 3: Trek to Jhigrana (2300m) – 7 hrs walk

On the third day, we start our trek from Silgadhi to Jhigrana via Baglek (2160m). After having breakfast, we trek to Baglek for about 4 hours and stop for the lunch. After lunch, the trek to Jhigrana takes about 3.5 hours. Overnight at Jhigrana.

Day 4: Trek to Bukipani (3080m) – 6 / 7 hrs walk

Commencing trek from Jhigrana, we walk further four hours to reach Bichpani Dharmasala (3020m). Taking lunch at Bichpani, we walk two and half hours and reach Bukipani where we will stay for overnight.

Day 5: Trek to Khaptad (3010m) – 2 hrs walk

Today is the shortest day of our trek. After breakfast, we will walk for two hours and reach Khaptad. Upon arrival we will have lunch and visit Khaptad including Khaptad Baba’s Ashram and Triveni. This area is also well known as the place of “Khaptad Baba” who was great master of society having religious & social philosophy. Overnight at Khaptad.

Day 6: Explore Khaptad National Park and stay overnight

We will explore Khaptad National Park today. Our visit will include: Museum, Khaptad Danda, Patan and tower. The National park “Khaptad National Park” established on 1984 has extra ordinary eco system with huge variety of vegetation ranging from sub-tropical forest in the lower altitudes to temperate forests on the Khaptad plateau.

The National park is rich on flora and fauna such as oak and rhododendron in the higher area. There are more than 224 species of medical herbs, about 11 percent of flowering plants of Nepal, 270 species of birds, various species of animals. Overnight at Khaptad.

Day 7: Trek back to Jhigrana – 7 hrs walk

Following our foot steps back to Jhigrana, we will pass through the same trail. Four hours trek from Khaptad to Bichpani and then to Jhigrana. Overnight at Jhigrana.

Day 8: Drive to Dhangadhi and stay overnight

Early in the morning, after breakfast, we drive towards Dhangadhi. Dhangadi is a village development committee in Siraha District in the Sagarmatha Zone of south-eastern Nepal. Overnight stay at Dhangadhi.

Day 9: Drive or fly back to Kathmandu – 1 hr 20 minutes flight, 6 hrs

In the last day of our journey, we return to the hustle and bustle of Kathmandu. There are two options to arrive in Kathmandu. You can catch a flight from Dhangadi – Kathmandu which will take about 1 hour and 20 minutes to reach Kathmandu whereas it takes 16 hours by drive. Upon arrival, transfer to the hotel. Overnight stay in Kathmandu.

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